



WHAT IT TAKES TO BE A COACH?

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COACHING GOALS

- Instruction in basic soccer skills
- Active participation
- Introduction of team skills
- Enjoyment
- Establish codes of 'fair play' and reinforce values of 'good sport'

REQUIRED ACTIVITIES

- Weekly practice & game for players
- Coaching in game situations with equal participation in foundation years, as competition increases playing time may vary slightly
- Enforcing FairPlay rules as mandated by the Club

RESPONSIBILITIES

- Communication with parents (i.e., practice/ game schedules; half-time snacks;) and Club (i.e., game changes player injuries, conflicts;)
- Record-keeping - player information (team rosters; medical concerns; injury authorization) on hand for practices and games
- Knowledge of Club policies re: player safety - heat/weather conditions during practice/ games; field conditions
- Familiarity with guidelines for reporting Child Abuse
- Distribution and retrieval of player equipment as issued by Club
- Ensure players are properly outfitted relative to personal safety and as required by the Rules of the Games
- Familiarity with Soccer rules as issued by the Club and Soccer Nova Scotia
- Participation in all related orientation and coaching clinics sponsored by the Club

BOUNDARIES/ LIMITATIONS

- Shall never be alone with a player
- Shall not be responsible for transportation to/from practice games/tournaments
- Shall not be responsible for water or snacks
- Shall be a role model - no drugs/alcohol/smoking or abusive language at practices/games/tournaments
- Shall comply with the Dress Code as defined by the Club (proper soccer attire)
- Shall adhere to Club policies
- Shall embrace Club values, principles, and policy as per Club Constitution
- Shall demonstrate the ability to set and maintain standards for players

SKILLS/QUALIFICATIONS/EXPERIENCE

- Playing background and/or work with children an asset
- Desire to foster the players love for the game of soccer
- Willingness to be a positive impact on youth soccer
- First Aid Training a benefit (please advise if you have completed a registered First Aid course, and provide a picture of the certificate of completion)

PERSONAL TRAITS/QUALITIES

- Interest
- Positive role model
- Fair-minded, sportsman-like approach
- Ability to communicate with players and parents
- Patience, understanding and a sense of humour

ADDITIONAL TRAINING

- Attend any mandatory clinics established by the Club
- Awareness of personal health issues and safety practices
- Working in best interests of players and the game of soccer

REQUIRED ACTIVITIES

- Clinics/Orientation sessions
- Weekly practice and game
- Communication with parents

TYPICAL COACHING CONDITIONS

Outdoors - variety of practice conditions

Appropriateness of weather/ field conditions for practices/games

TIMES FOR PRACTICES

	Monday 6:00pm	Tuesday 6:00pm	Wednesday 6:00pm	Thursday 6:00pm	Monday 7:00pm	Tuesday 7:00pm	Wednesday 7:00pm	Thursday 7:00pm
Hillcrest A		U8 Game		U8 Practice		U10 Game		U10 Practice
Hillcrest B		U8 Game		U8 Practice		U10 Game		U10 Practice
Hillcrest C			U12 Practice		U12 Game			
SRHS	U13 Practice	U17 Game	U15 Practice	U17 Practice	U15 Game	U19 Game	U13 Game	U19 Practice
RSF A		U8 Game		U8 Practice		U10 Game		U10 Practice
RSF B		U8 Game		U8 Practice		U10 Game		U10 Practice
RSF C			U12 Practice		U12 Game			
BMHS	U13 Practice	U17 Game	U15 Practice	U17 Practice	U15 Game	U19 Game	U13 Game	U19 Practice

BENEFITS OF VOLUNTEERING

- Working with young people
- Imparting the values of active participation, team work and fair play.
- Introducing games, skills and rules
- Community contribution
- Initial coach meeting outlining safe practices and season goals